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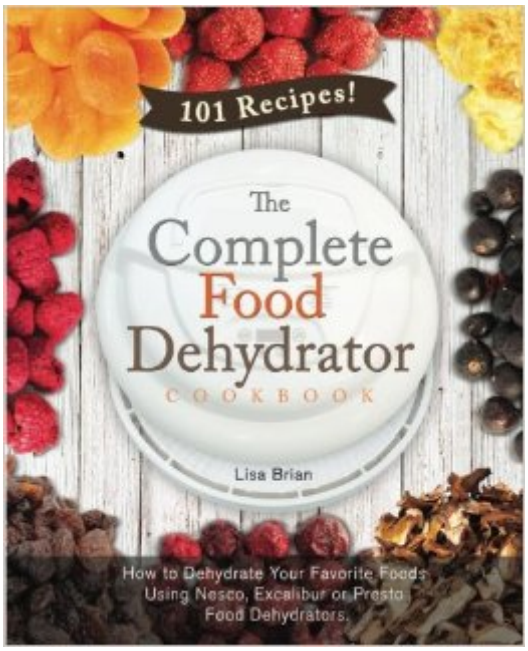
The Complete Food Dehydrator Cookbook: How To Dehydrate Your Favorite Foods Using Nesco, Excalibur Or Presto Food Dehydrators, Including 101 Recipes. (Food Dehydrator Recipes) (Volume 1)



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Synopsis

The New Food Dehydrator Bible â ” A Must-Have For Any Dehydrator Owner Learn how to use your new (or old) food dehydrator like a Pro! Are you purchasing a Nesco, Excalibur, Presto, Waring, Ronco or other food dehydrator? Then youâ ™ll need this book! #1 Best Seller author Lisa Brian has cracked the code on food dehydrating, and written an easy-to-use yet comprehensive guide to getting the most out of your dehydrator. Hereâ ™s what youâ ™ll learn: â ¢ How to get the most out of your new dehydrator â ¢ How to dehydrate anything! (from fruit to vegetables, to nuts, to meats) â ¢ Proper temperatures for different foods â ¢ How to pick foods for dehydrating â ¢ How to marinate and prepare foods for dehydrating â ¢ How to properly store dehydrated foods PLUS...101 delicious recipes showing exactly how to make: â ¢ Vegetable Chips â ¢ Fruit Leathers â ¢ Granola â ¢ Trail Mix â ¢ Jerky â ¢ And much, much more! FULLY GUARANTEED, NO RISK! Hit the "Add To Cart" button today! Remember - FREE SHIPPING for Prime members :)

Book Information

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Customer Reviews

The first 7 chapters are very basic information. Anyone who has any experience dehydrating can skip or skim them. This book really shines in the recipe department though! I have several dehydrator books and they have a lot of "rehydrate" recipes in them, which is fine, but predictable. This book has amazing snack recipes, and quite a few of them are low carb/gluten free/raw/paleo friendly too. 5 stars and 2 thumbs up! Most definitely worth the read.

Whish it was more natural. She frequently uses artificial stuff such as corn syrup, ascorbic acid (how about lemon juice?), prepared apple sauce, canned coconut milk, etc.I am also not a fan of dried coconut flakes which she really likes.There are a variety of interesting recipes, which i will try, but overall it's a so so book. I hope there is better out there.

What a great book I have had a dehydrator for many years but just got a new one and thought a book would be a great idea. This book is put together well. Very easy to find what you need to look up. This is a must have...

I was looking for books on using dehydrated foods to prepare for disasters. I am so glad I found this book. It has given me some wonderful additions to my list of meals, plus my mother has a gluten allergy and this had some great, everyday, snacks for her. Wait until you try the fruit sprinkles. Fabulous.

Found several recipes of fruit leathers and dehydrated smoothie meals we found useful for hiking and backpacking meal on the trail. Other recipes that we have not yet tried. Would highly recommend.

I love it! I have done many pineapples and made a lot of beef jerky already!

Very good information about how to choose a dehydrator and drying foods, there are also great recipes. Glad I found this book.

There is a variety of recipes. We are outdoors folks and better food at better price is awesome. I look forward to future books on new topics ‘•

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Guide to Making and Using Dried Foods: Preserve Fresh Fruits, Vegetables, Herbs, and Meat with a Dehydrator, a Kitchen Oven, or the Sun Smoothies For Kids: 80+ Recipes, Whole Foods Diet, Heart Healthy Diet, Natural Foods, Blender Recipes, Detox Cleanse Juice, Smoothies for Weight ... loss - detox smoothie recipes) (Volume 40) #Food #Coloring Book: #FOOD is Coloring Book No.7 in the Adult Coloring Book Series Celebrating Foods, Snacks & Treats (Coloring Books, Foods, ... Series of Adult Coloring Books) (Volume 7) Homesteading Handbook vol. 6 Food Drying: How to Dehydrate Fruit (Homesteading Handbooks) (Volume 6) My Presto Pressure Canner Cookbook: 120 Contemporary and Fun Recipes 101 Homestyle Favorite Recipes (101 Cookbook Collection) The Whole Life Nutrition Cookbook: Over 300 Delicious Whole Foods Recipes, Including Gluten-Free, Dairy-Free, Soy-Free, and Egg-Free Dishes The Solar Food Dryer: How to Make and Use Your Own Low-Cost, High Performance, Sun-Powered Food Dehydrator Chakra Foods for Optimum Health: A Guide to the Foods That Can Improve Your Energy, Inspire Creative Changes, Open Your Heart, and Heal Body, Mind, and Spirit Mary Bell's Complete Dehydrator Cookbook The Complete Guide to Drying Foods at Home: Everything You Need to Know about Preparing, Storing, and Consuming Dried Foods (Back to Basics) Preserving Everything: Can, Culture, Pickle, Freeze, Ferment, Dehydrate, Salt, Smoke, and Store Fruits, Vegetables, Meat, Milk, and More (Countryman Know How) Backpack Gourmet: Good Hot Grub You Can Make at Home, Dehydrate, and Pack for Quick, Easy, and Healthy Eating on the Trail Our Favorite Halloween Recipes Cookbook: Jack-O-Lanterns, Hayrides and a Big Harvest Moon...It Must Be Halloween! Find Tasty Treats That Aren't Tricky ... Tips too! (Our Favorite Recipes Collection) Whole Foods: Plant-Based Whole Foods For Beginners: 30 Simple and Tasty Recipes for Exciting Meals and Healthy Weight Loss Williams-Sonoma Foods of the World: Florence: Authentic Recipes Celebrating the Foods of the World

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